

Patient
 Information

CT guided bone biopsy aftercare

Introduction

This leaflet gives you information about aftercare following your CT bone biopsy.

What to expect after your biopsy

You can eat and drink normally after your CT scan. We recommend that you drink plenty of fluids for the next 2 to 3 days.

The results of the CT scan will be sent to the doctor who requested the test. The doctor will contact you to arrange a follow-up appointment.

Possible risks

What to look for	Possible complication	Frequency	Actions to take
Pain and bruising	Pain and bruising	Common	Take simple pain relief such as paracetamol to relieve any pain. This should go after a couple of days but if present any longer, please telephone the Radiology Nurses for advice.
Swelling and pain	Haematoma	Rare	Apply a cold compress such as an ice pack wrapped in a tea towel. Take simple pain relief such as paracetamol to relieve any pain. If the swelling or pain does not improve over the next few days telephone the Radiology Nurses for advice.

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Department

Radiology

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Possible risks (continued)

What to look for	Possible complication	Frequency	Actions to take
Swelling over the biopsy site with redness, fever or chills	Infection of the biopsy site or deeper	Rare	During working hours, telephone the Radiology Nurses for advice. Out of hours call NHS 111. Do not ignore this symptom
Severe pain	Bone fracture	Very rare	Go to the A & E Department.
New leg tingling, numbness or weakness	Nerve damage or epidural haematoma	Rare	Go to the A & E Department.

If you experience any other symptoms, please contact your GP for advice.

Contact information

If you have any problems or questions, please contact the Radiology Nurses.

Radiology Nurses

Tel: 0300 422 5152 or

Tel: 0300 422 3063

Monday to Friday, 9:00am to 5:00pm

Alternatively, you can you contact your GP or NHS 111 for advice.

NHS 111

Tel: 111

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Making a choice

Shared Decision Making

If you are asked to make a choice, you may have lots of questions that you want to ask. You may also want to talk over your options with your family or friends. It can help to write a list of the questions you want answered and take it to your appointment.



Ask 3 Questions

To begin with, try to make sure you get the answers to three key questions if you are asked to make a choice about your healthcare.

1. What are my options?
2. What are the pros and cons of each option for me?
3. How do I get support to help me make a decision that is right for me?

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* Ask 3 Questions is based on Shepherd HL, et al. Three questions that patients can ask to improve the quality of information physicians give about treatment options: A cross-over trial. Patient Education and Counselling. 2011;84:379-85



<https://aqua.nhs.uk/resources/shared-decision-making-case-studies/>