

IMPORTANT - UPDATE re IV PABRINEX SHORTAGE*

IV Pabrinex will be out of stock from August 24 and supplies are now limited. Additional national guidance is awaited.

It is essential to rationalise prescribing and reserve stock for patients at risk of / requiring treatment for Wernicke Korsakoff Syndrome (WKS). Please refer to the table below for approved indications and doses:

Indication	Pabrinex Dose	Notes
<p>Patients at risk of alcohol withdrawal</p> <p>Following initial 24-hour CIWA monitoring for patients who DO NOT require a detox regime</p>	<p>2 pairs TDS for 3 days followed by oral thiamine 100mg BD.</p> <p>Check magnesium level and correct hypomagnesaemia promptly</p> <p>Review Pabrinex prescription. consider switching to oral thiamine 100mg BD for patients who DO NOT have symptoms of WKS (ophthalmoplegia, ataxia, confusion. Maintain high index of suspicion in patients with unexplained hypothermia, hypoglycaemia, coma, unconsciousness)</p>	<p>Commence on CIWA initiation as per EPR. IV administration is essential for rapid correction of brain thiamine levels.</p> <p>Magnesium deficiency can impair the therapeutic benefit of Pabrinex, resulting in extended prescribing</p>
Symptoms of WKS	<p>2 pairs TDS for 5 days, if ongoing symptoms OR evidence of improvement, continue Pabrinex 1 pair OD for 3-5 days OR as long as improvement continues.</p> <p>Prescribe oral thiamine 100mg BD thereafter</p>	
Re-feeding syndrome: Patients with no enteral absorption or oral access (e.g., TPN patients) or those who are severely malnourished and at high risk of WKS)	1 pair OD for 3 days	Patients with oral access/enteral absorption should receive thiamine 100mg BD with Forceval 1 OD for 10 days either orally or via feeding tube
Hyperemesis gravidarum in patients unable to tolerate oral thiamine	1 pair once weekly, increasing to daily/TDS dosing in patients considered at severe risk of refeeding syndrome	

- Please seek advice from the **Alcohol Liaison Team (Ext 5495, bleep 1671)** for patients presenting with alcohol withdrawal or **Zein Zakir, Clinical Pharmacist, Nutrition Support Team (Bleep 1866)** for patients with re-feeding syndrome.