

**Patient
Information**

Urgent Urology Cancer Exclusion

Introduction

This leaflet provides information about the Urology Cancer Exclusion Pathway. Your GP has referred you to this service to quickly determine whether your symptoms are caused by cancer.

Most patients referred to this service do not have cancer.

Urology Cancer Exclusion Pathway

Although this may be a worrying time for you, we hope to reassure you that your GP is taking your symptoms seriously and that you will be offered a rapid assessment to confirm whether you do or do not have cancer. Our goal is to investigate your symptoms quickly and provide support throughout the process.

What happens next?

- A member of the Urology clinical team will review the symptoms described on the referral form sent by your GP. They will decide if you need any tests or if they need to see you or speak with you first.
- If an appointment is made, this will be at Cheltenham General Hospital.
- Urgent tests arranged may include a CT scan, ultrasound scan or a flexi cystoscopy (a camera investigation to look into your bladder via your urethra/waterpipe).
- If another cause for your symptoms is found and requires urgent specialist care, you will be contacted via letter, or an appointment will be arranged to see you. Your GP will also be informed.

Reference No.

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Department

Urology

Review due

August 2027

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What can I do?

- Make sure that your GP has your correct address and telephone number(s).
- Be prepared to attend a hospital appointment within the next 2 weeks. If you are going away or have any appointments in the next 2 weeks that cannot be changed, please let the Urology Navigator know. The telephone number is at the end of this leaflet.
- Be prepared to travel across the county for your appointments. This is so that your symptoms can be assessed as quickly as possible.
- Make any necessary arrangements to attend your appointment(s) as soon as possible, such as booking time off work or arranging childcare.
- Some people find it helpful to bring a friend or relative to the appointment. Alternatively, you may wish to write down any questions you want to ask and bring the list to the appointment.

If you have any concerns or worries, please contact the Urology Patient Navigator to discuss them. This might include questions about your appointment, chasing test results, changes in your symptoms or to request further information and support. If appropriate, the Urology Patient Navigator will pass your concerns on to a member of the clinical team.

Contact information

If you have not been contacted by the Central Booking team within a week of your GP sending a referral to the Urology Cancer Exclusion pathway, please contact the:

Urology Pathway Navigator

Tel: 0300 422 4358

Monday to Friday, 8:00am to 4:00pm

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Making a choice

Shared Decision Making

If you are asked to make a choice, you may have lots of questions that you want to ask. You may also want to talk over your options with your family or friends. It can help to write a list of the questions you want answered and take it to your appointment.



Ask 3 Questions

To begin with, try to make sure you get the answers to three key questions if you are asked to make a choice about your healthcare.

1. What are my options?
2. What are the pros and cons of each option for me?
3. How do I get support to help me make a decision that is right for me?

These resources have been adapted with kind permission from the MAGIC Programme, supported by the Health Foundation

* Ask 3 Questions is based on Shepherd HL, et al. Three questions that patients can ask to improve the quality of information physicians give about treatment options: A cross-over trial. Patient Education and Counselling, 2011;84: 379-85



<https://aqua.nhs.uk/resources/shared-decision-making-case-studies/>