

**Patient
Information**

Eyelid surgery

Introduction

You have been given this leaflet because your name has been placed on the waiting list for an operation on your eyelid and we want you to know what to expect.

Eyelid surgery is usually carried out under local anaesthetic as a day case.

If you have asked for sedation to relax you during the operation, you will be given special instructions about eating and drinking before the procedure.

On the day of the operation

We operate at Cheltenham General Hospital and Tewksbury Community Hospital.

As it is very likely that you will have a pad over your eye after surgery, you must arrange for a friend or relative to transport you to and from the hospital.

Please let the person bringing you in know that you may be in the unit for 4 to 6 hours.

We would also like to have a contact telephone number for the person who will be picking you up. This is so that a nurse can call them when you are ready to be collected from the unit as there is no waiting area on the unit for relatives.

Please make sure you have pain relief, such as paracetamol, at home as you may need to take this as the local anaesthetic wears off.

If you are taking any anticoagulants such as warfarin, please contact the Eyford Unit for advice. The telephone number is at the end of this leaflet.

Please note that photographs or videos are usually taken of your eyelids before and after surgery. We will ask for your consent for this.

All photographs and videos taken will be kept in accordance with our Privacy notice. For more information, please visit:

www.gloshospitals.nhs.uk/privacy-notice/

Reference No.

GHPI0188_02_25

Department

Ophthalmology

Review due

February 2028

Patient Information

Contact information

Eyford Unit

Cheltenham General Hospital

Tel: 0300 422 4002

Monday to Friday, 8:00am to 5:00pm

If you any concerns after surgery, please contact:

Eye triage

Tel: 0300 422 3578

Monday to Friday, 8:00am to 6:00pm

Saturday, 8:00am to 1:00pm

Outside of these hours, calls will be directed to the hospital switchboard. Please ask to speak to the on-call eye doctor.

Further information

If you cannot come into hospital on the surgery date sent to you, please let the Admissions Office know immediately.

Admissions Office

Tel: 0300 422 4001

Monday to Friday, 8:00am to 4:00pm

Content reviewed: February 2025

Making a choice

Shared Decision Making

If you are asked to make a choice, you may have lots of questions that you want to ask. You may also want to talk over your options with your family or friends. It can help to write a list of the questions you want answered and take it to your appointment.



Ask 3 Questions

To begin with, try to make sure you get the answers to three key questions if you are asked to make a choice about your healthcare.

1. What are my options?
2. What are the pros and cons of each option for me?
3. How do I get support to help me make a decision that is right for me?

These resources have been adapted with kind permission from the MAGIC Programme, supported by the Health Foundation

* Ask 3 Questions is based on Shepherd HL, et al. Three questions that patients can ask to improve the quality of information physicians give about treatment options: A cross-over trial. Patient Education and Counselling, 2011;84: 379-85



<https://aqua.nhs.uk/resources/shared-decision-making-case-studies/>